

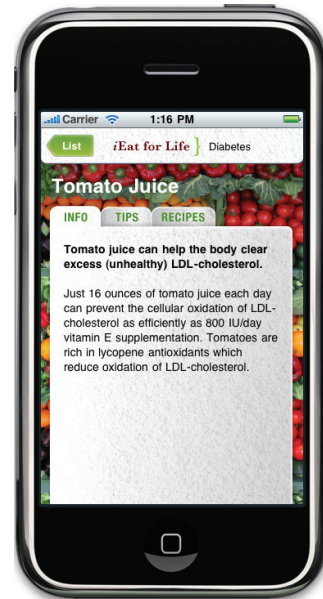
Nutritionist Approved Releases iEat for Life: Diabetes

Release Date: August 26th 2010

Port Townsend, Washington — Nutritionist Approved Inc. announces the availability of iEat for Life: Diabetes, one in a suite of medical nutrition apps for iPhone/iPod Touch users. This application, created by a medical nutrition therapist, guides the user in making effective food choices for preventing and healing diabetes. iEat for Life: Diabetes provides a grocery list of foods with proven benefits specifically for diabetes patients. The app includes shopping/food preparation tips, medical research and recipes.

iEat for Life: Diabetes v1.5 features include:

- Recommended foods for diabetes therapy and prevention
- Recipes rich in flavor and nutrients
- Tips for buying and preparing each food
- Foods to avoid
- Definitions of lesser-known foods
- Suggestions for food serving and storage
- Easy-to-grasp summary of complex medical studies
- Recommendations for nutritional supplements
- Links to helpful websites and books



Nutritionist Approved Inc. (NAI) creates innovative nutrition information tools, such as the iEat for Life suite of Apps and NutriSigns. The company's extensive NAI Database of medical nutrition research provides evidence based content for their wellness programs and products, which help people manage medical conditions such as breast or prostate cancer, heart disease and diabetes.

www.NutritionistApproved.com

Available at iTunes App Store in the Healthcare & Fitness category, iEat for Life: Diabetes is only \$2.99.

iTunes Store Link: <http://bit.ly/ieat-for-life-diabetes>

Media Contact for Nutritionist Approved:

Daniella Chace
daniella@nutritionistapproved.com
800.730.8503